Alison Goldie - Courses and Classes

Improvisation

A session or course of games, exercises and humorous tasks in which you give your grown-up responsible self a rest and allow your spontaneous self to indulge in the absorbing business of playing, rather than working, with your colleagues and associates.

I’ll take you through a selection from my huge compendium of fun activities. Some will be physical, some verbal, all will release laughter and open your mind. You will work in various teams: the big group, small groups and pairs. All you need in order to participate is a body and a voice. A brain is optional.

If you really want ‘outcomes’, you could say that the session will help you to:

* Use Your Imagination
* Be Creative
* Understand Communication
* Make Stories
* Look Stupid and Not Care
* Laugh Like a Drain

Whoever is present are the right people to be there.

N.B. Not suitable for those of a miserable disposition.

As taught by Alison at drama schools, colleges, activity holidays, evening classes, corporate events and many other venues and institutions.

Students say:

“She is a really skilled actor and led us into hours of hilarity and laughter; a great teacher, too, who distilled what was to be learnt with lightness, care and precision.” *Alan Stanley*

“Excellent leadership. Focussed, clearly presented. Sense of fun and exuberance. Gentle holding of group and empathy for participants. Wide knowledge of subject combined with extensive experience.” *Jenny Doig*

“Brilliant!!! Truly learnt many skills to apply to a fuller and more fun filled life. Many exercises prised open a new creativity within me with many valuable tools to use in my professional capacity.”

*Paul Elven*